



*No-one knows  
your body  
like you do*

CAN YOU NAME A SYMPTOM OF  
OVARIAN CANCER?

Almost half of women were unable to identify any symptom of ovarian cancer according to Cancer Australia research.

### What can you do?

It's important to know your own body and be aware of the symptoms of the disease, as there is no screening test for ovarian cancer.

A Pap test does not detect ovarian cancer - it is designed to screen for cervical cancer.

The symptoms of ovarian cancer can be vague and similar to other common conditions.

If you experience any of the symptoms, especially if they are unusual for you or persistent, it's important to see your doctor to be sure.

If you are concerned about your family history of breast or ovarian cancer, your doctor can assess your risk.

### What are the symptoms?

- ▶ Abdominal bloating or increased abdominal size
- ▶ Abdominal or pelvic pain
- ▶ Appetite loss, feeling full quickly or indigestion
- ▶ Urinary changes such as frequency or urgency
- ▶ Changes in bowel habits, such as constipation
- ▶ Unexplained weight loss or weight gain
- ▶ Unexplained fatigue

[canceraustralia.gov.au](http://canceraustralia.gov.au)



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